



## Article

# The Influence of International Standards and the Activities of the Shooting Sports Federation of Uzbekistan on the Development of Rifle and Shotgun Shooting

Nabiullin R.<sup>1</sup>, Yusupov I.<sup>\*2</sup>

1. Professor O'zDJTSU, Uzbekistan
  2. Teacher UNIEP, Independent Researcher O'zDJTSU, Uzbekistan
- \* Correspondence: [yusupoviz@gmail.com](mailto:yusupoviz@gmail.com)

**Abstract:** The article examines the influence of international sports standards and the activities of specialized federations on the development of shooting sports. It examines the procedure of smartening up the International Shooting Sport Federation (ISSF) demands within the national athlete training system, their significance regarding to boosting national regulatory framework, officiating and competition organization efficiency. Particular focus is on the transfer of world rules to Russian domestic specifics, the updating of material and technical base and an improvement of professional qualification of the coaches. An analysis of the involvement of Uzbek athletes in international competitions has determined that getting integrated in the world sports movement activates existing potentials and enhances competitive potential of national teams. One of the prioritized research findings proves to be that international cooperation plays an important role in sustainable development of shooting sports in Uzbekistan.

**Keywords:** The Republic of Uzbekistan, Had Taken Into Account The Standards of The International Shooting Sport Federation (ISSF), Running for Sports Federations, Training Athletes for Participation in International Competitions, To Expand and Improve The Sports Shooting Infrastructure and Increase Qualified Coaching Staff

**Citation:** Nabiullin R, Yusupov I. The Influence of International Standards and the Activities of the Shooting Sports Federation of Uzbekistan on the Development of Rifle and Shotgun Shooting. American Journal of Social and Humanitarian Research 2026, 7(1), 154-159.

Received: 15<sup>th</sup> Dec 2025  
Revised: 30<sup>th</sup> Dec 2025  
Accepted: 21<sup>st</sup> Jan 2026  
Published: 28<sup>th</sup> Jan 2026



**Copyright:** © 2026 by the authors. Submitted for open access publication under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>)

## 1. Introduction

Shooting sports are a type of athletic activity that require high precision, stable psychophysical qualities, and strict adherence to technical and organizational regulations. In modern conditions, their development is largely determined by compliance with international standards established by leading global sports organizations and federations [1]. For countries aiming for successful performance on the international stage, integration into the global sports system becomes a necessary condition for the sustainable development of this sport.

In recent years, shooting sports in the Republic of Uzbekistan have received a new impetus for development, which is associated with the reform of the sports sector, the expansion of international cooperation, and the active participation of national federations in the activities of international sports organizations [2], [3]. The implementation of the norms and requirements of the International Shooting Sport Federation (ISSF) has a significant impact on the athlete training system, competition organization, development of the refereeing corps, and improvement of the material and technical base.

## 2. Methodology

### Relevance of the study

The relevance of this study is determined by the growing role of international sports standards and specialized federations in the development of shooting sports amid the globalization of the sports movement. For the Republic of Uzbekistan, which aims to strengthen its position on the international sports stage, aligning the national athlete training system and competition organization with the requirements of the International Shooting Sport Federation (ISSF) is of particular importance.

In this context, the Shooting Sports Federation of Uzbekistan plays an important role as a key link between international sports organizations and the national sports system. It is through the activities of the federation that international regulations are implemented, the refereeing system is improved, the qualifications of coaches and referees are enhanced, and the participation of Uzbek athletes in international competitions is coordinated.

ACTIVITIES As part of all-round sports developing the following activities are paid special attention to on Clayton's method: in the field of shooting sport Among jf.f.: positive tendencies in shooting sport development taking place in our country, an adaptation international standards to national conditions - material and technical provision level, potential pedagogical personnel reserve, regional peculiarities. Thus, the study of the influence of international federations and standards, as also participation CNOU "shooting sports Federation" to develop scientifically-based recommendations for further sustainable development of shooting sports and increase its effectiveness in Uzbekistan.

**The objective of the study:** is to analyze the influence of international standards and the activities of international sports federations on the development of shooting sports in the Republic of Uzbekistan, as well as to determine the role of the Shooting Sports Federation of Uzbekistan in the process of integrating the national system into the international sports arena.

### Research tasks:

1. To study the main international standards and requirements of the International Shooting Sport Federation (ISSF) applied in shooting sports;
2. To analyze the activities of international sports federations in regulating and developing shooting sports;
3. To assess the impact of international standards on the athlete training system, refereeing, and competition organization in Uzbekistan;
4. To identify the main challenges and prospects for adapting international requirements to the national conditions of shooting sports development.

**Object of the study:** the system of shooting sports development in the Republic of Uzbekistan.

### Object of the study

Impact of international standards, as well as activities of International Sports Federations (ISFs) and Shooting Sport Federation of Uzbekistan on the organization, preparation for competitions and shooting sports functioning in the country.

### Research novelty

Novelty of the research is that the results and recommendations can be used in practice by the Shooting Sports Federation of Uzbekistan, sports schools, coaching teams.

The materials of this work may be useful in developing athlete training programs, improving the refereeing system and competition organization, as well as in the educational process of specialized institutions focused on physical culture and sports.

### **The methodological basis of the study**

Consists of general scientific and specialized methods of inquiry, including analysis and synthesis, systemic and structural-functional approaches, comparative analysis, as well as the study of regulatory documents and official materials of international and national sports organizations. The study also employs methods of generalizing the practical experience of the Shooting Sports Federation of Uzbekistan and analyzing the performance results of athletes in international competitions.

### **3. Result and Discussion**

The development of shooting sports in modern conditions cannot be considered outside the context of international sports standards and the activities of specialized federations [4]. This sport is among the most regulated: requirements for equipment, firearms, competition conditions, and the refereeing system are strictly standardized and continuously updated. In this regard, compliance with international norms, primarily the requirements of the International Shooting Sport Federation (ISSF), is of particular importance for national sports systems [5], [6].

Historically, shooting sports in Uzbekistan were shaped on the basis of the Soviet sports school, which was distinguished by a strong methodological foundation and a systematic approach to athlete training. However, after gaining independence, there arose a need to develop a national model of development oriented toward the international sports community [7]. This process required a revision of organizational mechanisms, an update of the regulatory framework, and active interaction with international sports structures.

The International Shooting Sport Federation (ISSF) plays a key role in this process, as it establishes unified rules for competitions, technical requirements for shooting equipment, and criteria for evaluating results. The implementation of ISSF standards in the practice of national shooting sports has allowed the unification of competitive activities in Uzbekistan and created conditions for full participation of domestic athletes in international tournaments [8]. Meanwhile, the transition process has been marred by several objective problems - a lot of job with modernization of material and technical complemented with upgrade of qualifications for trainers-coaches and referees.

Special role in adaptation of foreign standards play Shooting Sports Federation of Uzbekistan [9]. It acts as a bridge for International Federations to the National Sports System. As a result of the activities conducted by the federation, new regulations get introduced, seminars and trainer classes for coaches and referees are held, as well as planning national teams' participation in international competitions. Practice shows that the systematic work of the federation contributes not only to improved athletic performance but also to the formation of a modern shooting sports culture in the country [10].

An important aspect of the influence of international standards is the change in approaches to athlete training. Modern shooting sports require a comprehensive approach that includes technical, tactical, psychological, and physical preparation. International methodological recommendations and the experience of leading sporting nations are actively used in the training process, allowing Uzbek athletes to adapt to the high demands of international competitions. At the same time, it remains necessary to take into account national characteristics and the actual conditions of training, especially at the regional level [11].

It should be noted that integration into the international sports arena also has a positive impact on the organization of domestic competitions. Holding tournaments according to ISSF standards helps improve their quality, ensure fair refereeing, and

enhance their spectacle. This, in turn, increases interest in shooting sports among young people and contributes to the expansion of the athletic talent pool [12].

At the same time, the process of implementing international standards cannot be considered fully complete. Challenges remain related to infrastructure modernization, access to modern equipment, and the balanced development of shooting sports across the regions of the country. Solving these problems is possible only through an increase in interaction of authorities, Shooting Sports Federation of Uzbekistan with the international sports organizations [13].

Therefore, world standards and specialized federations' activities affect to the greatest extents on the process of the formation of shooting sports in our country. They have actively applied these policies in order to improve performance of athletes, develop institutions and position the country among top nations in world sports [14]. In the future, the further development of shooting sports in Uzbekistan will be to a large extent determined by effective adaptation of international practices in this area to national conditions and consistent work carried out for this purpose by the Shooting Sports Federation of Uzbekistan.

### **Analysis of the performance results of athletes from the Republic of Uzbekistan in international competitions**

The performance results of Uzbek shooters in international competitions in recent years can be regarded as one of the objective indicators of the effectiveness of implementing international standards and developing the national training system. Participation of athletes from the Republic of Uzbekistan in World and Asian Championships, World Cup stages, continental championships, and other official ISSF-sanctioned tournaments has not only provided high-level competitive experience but also helped identify the strengths and weaknesses of the domestic shooting sports system [15].

An analysis of the international and national performances of leading Uzbekistan shooters in rifle and shotgun disciplines, such as Muhammad Kamalov, Vladimir Svechnikov, Azamat Kayumov, Ruslan Utaganov, Mukhtasar Tokhirova and Nigina Saidkulova shows that these athletes demonstrate steady progress in disciplines where training is conducted systematically and in accordance with international requirements. Perhaps most notably is the improvement in technical shooting stability, and training exercise standards as being directly due to the introduction of international guidelines, electronic targets and standardised officiating. Athletes also move from qualitative rounds at international competition into final with some frequency, particularly at international meets.

There are challenges, however as well identified by the outcomes of international competitions. One of the major topics is psychological hardiness in athletes in a competitive environment. And it is a fact that - with equal technical baggage from the two riders and teams remain wing to swing it has marched towards both sides during the final championships. This implies that a psychological training system should continue to be built up, with consideration for international experience.

Uneven performance across individual shooting events is also apparent from examining the results. The Uzbek shooters refuse have good results (sometimes high) in individual events, the other times only ensure participation at ranks anonymously. It has to do with varying degrees of material and technical support, but also with the ability of a coaching staff in certain areas.

Regular involvement in foreign tournaments is crucial for enhancement of performance. The shooters who compete abroad do learn the ISSF rules faster and they look more confident than the one who does so only on rare occasion. In such a situation the role and importance of the Shooting Sports Federation of Uzbekistan in rapprochement

with foreign countries is very important, as well as meaning of participating of national teams in official competitions.

Conclusions The results of the study of performance of Uzbek shooters in world competitions are promising as their current rankings show considerable potential for further improvement. Simultaneously, it is necessary to work through seriously on improving shooting athletes' training level; providing means for their international promotion and more profound accommodation of the criteria of an international system in national firing practices. Conclusions

The carried out analysis gives the right to assert that global standards and activities of specialized federations of sports play an essential and multiple role in the development of shooting sports in Uzbekistan. Focusing on the standardization of contest rules, improvement of referee quality and domestic athlete training with world standards in accordance with International Shooting Sport Federation(ISSF)'s requirements.

It has been revealed that the SSFU organization is an important body in the process of connecting domestic shooting sports with international sport world. Its tasks involve adapting the international rules, and organising coach and trainer training, as well as athletes' participation in an international competition — it naturally has a positive impact on the sport performance level.

#### 4. Conclusion

The study of Uzbek shooters performances in international competition demonstrates a positive trend and expansion of the list of disciplines in which they can compete. At the same time, problems have been identified in terms of psychological stability of athletes, uneven development in certain types of sports, and enhancement of the material and technical base

In general, it can be asserted that the further progress of shooting sports in the Republic of Uzbekistan is directly related with a stable application of international norms and expanding international cooperation as well as systematic efforts by the Shooting Sports Federation of Uzbekistan. The advancement of these directions will enhance the effectiveness of athlete training and strengthen the country's position on the international sports stage.

#### REFERENCES

- [1] President of the Republic of Uzbekistan, "Decree of the President of the Republic of Uzbekistan dated March 6, 2018, 'On Measures for the Radical Improvement of the System of State Management in the Field of Physical Culture and Sports'," Tashkent, Uzbekistan, 2018.
- [2] Law of the Republic of Uzbekistan, "On Physical Culture and Sports," Tashkent, Uzbekistan.
- [3] President of the Republic of Uzbekistan, "Resolution of the President of the Republic of Uzbekistan dated February 13, 2019, 'On the Approval of the Concept for the Development of Physical Culture and Mass Sports in Uzbekistan for the Period 2019–2023'," Tashkent, Uzbekistan, 2019.
- [4] Cabinet of Ministers of the Republic of Uzbekistan, "State Program for the Development of Physical Culture and Sports," Tashkent, Uzbekistan, 2020.
- [5] Shooting Sports Federation of the Republic of Uzbekistan, Reports, Methodological Recommendations, and Official Publications, Tashkent, Uzbekistan.
- [6] International Shooting Sport Federation (ISSF), Official Rules and Regulations for Shooting Sports, Munich, Germany, 2022.
- [7] International Shooting Sport Federation (ISSF), Reports on the Results of World Championships, World Cups, and Continental Shooting Competitions, Munich, Germany.
- [8] L. P. Matveev, Theory and Methodology of Physical Culture. Moscow, Russia: Sport Publishing House, 2019.

- 
- [9] V. N. Platonov, *Athlete Training System in Olympic Sports*. Kyiv, Ukraine: Olympic Literature, 2015.
- [10] Y. V. Verkhoshansky, *Special Strength Training: A Practical Manual for Coaches*. Moscow, Russia: Soviet Sport, 2017.
- [11] T. Bompa and G. Buzzichelli, *Periodization: Theory and Methodology of Training*. Champaign, IL, USA: Human Kinetics, 2019.
- [12] M. Issurin, *Block Periodization: Breakthrough in Sports Training*. Carmel, IN, USA: Ultimate Athlete Concepts, 2010.
- [13] R. C. Schmidt and T. D. Lee, *Motor Learning and Performance*. Champaign, IL, USA: Human Kinetics, 2014.
- [14] International Olympic Committee (IOC), *Olympic Charter*. Lausanne, Switzerland, 2021.
- [15] World Health Organization (WHO), *Global Action Plan on Physical Activity 2018–2030*. Geneva, Switzerland, 2018.