

## THE ROLE AND IMPORTANCE OF PSYCHOLOGICAL KNOWLEDGE IN FAMILY RELATIONSHIPS

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### Abstract

This article discusses the concept of psychology and family psychology, the role of psychology in the family.

**Keywords:** Family psychology, family life, complex interactions, knowledge.

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Family psychology is a practical field of scientific science that is rapidly developing with new knowledge, which is necessary for the development of society and spiritual stability. Laws and mechanisms of family life and complex interactions in the activities of bachelors in the field of pedagogy and providing psychological services to the family is one of the urgent problems of today. After all, family psychology as a branch of science should be mastered by future pedagogues to develop their professional skills, prepare them for an independent family life, and teach them to respect spiritual values by teaching the youth of civil society to regard the family as sacred. helps to educate in the spirit. In our country, 97 percent of all residents live together in families, and the remaining three percent - that is, the elderly who are left alone, those who have become orphans from their parents and are brought up in orphanages, and those who come from other countries and temporarily live in Uzbekistan - are also family members. , loved ones, compatriots, humanitarian people in various state and non-state organizations. In this sense, the family is a sacred space where a person shares his happiness, desires, and goals, perceives himself as a human being, and develops his life. Family is the oldest of social institutions. Despite the diversity and complexity of the historical periods experienced by mankind, especially in the 19th and 20th centuries, this place is healthy in terms of its system, composition and fulfillment of its obligations to the society. ' is a surviving structure. If we take into account that the family is made up of people and that life and death in it are organized by mutual relations between them, it can be called a place of purely psychological processes. Family is the oldest of social institutions. Despite the diversity and complexity of the historical periods experienced by mankind, especially in the 19th and 20th centuries, this place is healthy in terms of its system, composition and fulfillment of its obligations to the society. ' is a surviving structure. If we take into account that the family is made up of people and the life and death in it is organized by the mutual relations between them, it can be called a place of purely psychological processes. Family is an integral part of society. There is no nation, nation or society that has not taken into account the problems and values of the family and its surroundings in the history of its development and in determining the prospects of development. Any perspective cannot be imagined apart from the interests of the family. After all, family is the beginning of life for everyone, the prelude to everything. Besides, every person connects his happiness and happiness first of all with his family, that is, only a person who is happy in his home and family feels completely happy. Due to the economic independence of women, by the 20th century, the role and status of women in the family and society changed dramatically. In recent times, it has been observed that women often claim the role of the leader and head of the family, as in the era of matriarchy. As a result, a man's leadership role in the family, management of resources in the family, decision-making, and involvement of children in the life of the community have significantly decreased. On the other hand, the decrease in free time of a woman-mother for family and child education, and the decrease of reproductive responsibility in relation to the desire to occupy a higher position in the society have negative consequences. For this

reason, the number of births is decreasing in industrialized countries, and as a result, the population is sharply decreasing. Unfortunately, such situations are also observed in urban areas of Uzbekistan. When researched by the Republican "Family" scientific and practical center, the reasons for marriage divorces were studied, in most cases, it was the disagreements of spouses, incompatibility of character, jealousy, betrayal, daughter-in-law and mother-in-law in the first place. Other close relatives do not go out, the man indulges in harmful habits (drinking, drugs, etc.), financial difficulties (mainly the husband's inability to work, inability to manage an independent family), in-laws disagreeing with each other after the wedding, the husband leaving without a trace, etc. will be done. When the reasons for divorces in the capital are studied, the breakdown of the family due to economic difficulties is recorded in the last place, because in most self-sufficient, rich families, young people break up mainly due to three reasons: jealousy and betrayal, bride-discord in in-law relations and discomfort in living conditions. In general, the main factor of marriage decisions is that young people are not ready for marriage spiritually. It is known that a person is faithful, humanitarian, religious, and religious

The qualities underlying the ideological imagination are the most important qualities of a teenager from their place in the system of family relations, father and mother, other elders in the family comes from the content of the social positions and role of the representatives of the generation. Because ideological ideas and human qualities formed on their basis is one of the important factors in the overall structure of a person. It is important to inculcate the national idea in the mind and heart of the child in the family environment means of keeping family values and advanced family traditions daily to introduce it into the educational system, to make it a part of the lifestyle. In this The place and role of parents has a direct character, only healthy behavior and Only an atmosphere of sincerity has a positive effect on the formation of a teenager's worldview. The family is a sacred place for a person, a social one of a person's society is the foundation. The main goal of family life is to have children restoration of the population, succession and continuity of ancestors with generations, and land on the face of it is to ensure the historical development of mankind. In fact, the family is in every person from early childhood human qualities, virtues, and values that are formed, thousand the values and spiritual heritage of the Uzbek people formed over the years it is a place of education that ensures development. Parents are manifested in relationships shared mutual respect, kindness, honesty, purity, hard work, high class values such as humanity in their mutual relations harmonizes and creates a ritual of mutual relations in the family. In the family this social process is about the material world, social life of the young generation imaginations, points of view, concepts, worldviews and oriental manners the rules of ethics and the correct guidelines for their practical observance shows. Therefore, the duties of the family before the society mean its ability to satisfy the specific needs of family members and thereby serve the needs and interests of the state and society. For example, when a father works from morning to night at a manufacturing company, he not only satisfies his needs for food, rest, and shopping, but also takes care of his family members, first of all, his children, a housewife. The needs of the spouse, in addition, the increase in profitability in this or that enterprise contributes to the high economic indicators, thereby contributing to the development of this industry in their homeland.

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