

## Problems of Helping Families in Need and in Need of Social Protection Out of Difficult Situations

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**Abstract:** One of the main criteria for the development of our society is the standard of living of the population and social stability, equal rights, differences between our people, and the improvement of the lives of the poor, needy and socially vulnerable. Although our state is implementing a number of programs and reforms, some obstacles prevent these families from getting out of a difficult situation.

**Keywords:** social stability, differences, needy, reforms, needy, reforms, systematic approach, qualifications and professional skills



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### Introduction.

Today, one of the main criteria for the development of society is the standard of living of the population and social stability. Unfortunately, the number of poor, needy and socially vulnerable families in our society has not decreased. Although our state is implementing a number of programs and reforms, some obstacles prevent these families from getting out of a difficult situation.

**Main part:** The fight against poverty should not be limited to providing material assistance alone. There are a number of problems in this process that require a systematic approach:

1. Limited economic opportunities. Many needy families do not have a permanent job. Competition in the labor market has increased, but the lack of qualifications and professional skills reduces their economic activity.
2. Low level of education and skills. Poverty often persists in families with limited access to education. This leads to the fact that the new generation also lacks sufficient economic opportunities.
3. Insufficient development of social infrastructure. Especially in families living in remote areas, access to health care, education, transport and communication services is low. This makes it difficult for them to actively integrate into society.

4. Psychological and social factors. Poverty causes not only economic, but also psychological pressure. Lack of confidence in one's own abilities, a decrease in social activity are also factors that prevent people from getting out of a difficult situation.
5. Bureaucratic obstacles and lack of information. The documents and official processes required to access government assistance programs are sometimes complicated for ordinary citizens.

**Relevance of the topic.** According to the Constitution of the Republic of Uzbekistan, all citizens have the same rights and freedoms and are equal before the law, regardless of gender, race, nationality, language, religion, belief, social origin, social status. Privileges are determined only in accordance with the law and must comply with the principles of social justice. The Constitution states that privileges are determined only by law and must comply with the principles of social justice.

The right to life of a person, regardless of who he is in life, is guaranteed by law as a priority. Every person directly applies to the rights and freedoms established in the Constitution in his daily life. Our Constitution is a supreme legal document that guarantees the rights and freedoms of man and citizens in its essence.

It is guaranteed that a person, in the exercise of his rights and freedoms, does not infringe on the rights, freedoms and legitimate interests of other persons, society and the state. It is indicated that human rights and freedoms are exercised only in accordance with the law and only to the extent necessary to protect the constitutional order, the health of the population, social morality, the rights and freedoms of other persons, and to ensure public safety and public order.

It is assumed that democratic principles prevail and that human freedom does not undermine the freedom of another person and individual. Ensuring human rights and freedoms, as well as providing employment, is the supreme goal of the state. The state ensures the rights and freedoms of man and citizen enshrined in the Constitution and laws. Citizens of Uzbekistan, regardless of their nationality, race, gender, profession, social origin, are legally equal before the law as citizens. One of the current tasks is to educate citizens in a legal manner so that they know and protect their civil rights and deeply understand their duties. This process is not only a source of spiritual development for citizens, but also a constant practical activity for the education system.

Historical processes and the experience of the development of world states show that the problems of state and administrative-territorial structure are very relevant from a political and legal point of view.

As is known, any state has a certain territory. The state carries out various activities in order to fulfill the main tasks facing it, for example, organizing the economic life of the population, ensuring its security, ensuring safe working conditions and other functions. The more the population in a state, the larger its territorial area, the more difficult it is to regulate it from above in these conditions.

In conclusion, in recent years, great strides have been made in the areas of historical development. Strong social policy is consistently implementing the goals of raising the standard of living of the population, economic prosperity, preventing sharp differences in income and lifestyle, inequality, and ensuring that every person is not left out of the attention and care of the state. State assistance to those in need of social protection is considered an important basis for ensuring stability and justice in society. The principle of a social state, enshrined in our new Constitution, is being implemented in life.

The results achieved in social protection confirm this. If we compare, we can see that changes and innovations in social protection of the population are reflected not only in decisions and programs, but also in the lives of families.

It is noted that in recent years, poor families in regions and districts have been brought together and individual work has been established with them. As a result, several thousand people from poor families have been permanently employed, and the income of several thousand people has increased through entrepreneurship and homesteading. Several thousand kindergartens, clubs and vocational training have been covered, and several thousand needy citizens have been provided with medical care.

Measures have been taken to reduce the level of poverty in our country. The provision of stable and high economic growth rates in our republic has made it possible to reduce the poverty rate from 23 percent in 2019 to 11 percent in 2023. The goal is to reduce poverty by 6 percent by the end of 2025.

It is worth concluding that getting poor and socially vulnerable families out of difficult situations is not only a state task, but also a common responsibility of the entire society. Every citizen, entrepreneur, education and healthcare system, and, of course, teachers, must actively participate in this path. These obstacles can be gradually eliminated through education, professional training, psychological support, and accurate information.

These opportunities will lead to significant potential in the development of the socio-economic system of our country, the prosperity of our spiritual and educational, national ideals, and the rise of our cultural and aesthetic spheres. Attention is paid to improving the professional skills of our people, instilling a sense of respect for the working person, and further increasing the level of their preparation for useful work.

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